



St Paul Regional High School

SCHOOL NEWSLETTER

DECEMBER 2024

School Calendar 2024-2025

- Dec 19— Marks Update
 - Dec 20— Christmas Luncheon / Dismiss @2 pm
 - Dec 23 - Jan 03— Christmas Break
-
- Jan 06— School Begins
 - Jan 17— Last Day of Regular classes
 - Jan 17— Marks Update
 - Jan 20— Final Core Exams Begin
 - Jan 28— Semester Two(2) Begins
 - Jan 30— Parent Advisory Meeting @7pm
 - Jan 31— PLC Day (No School)
-
- Feb 06— Second Semester Pictures & Sports Photos
 - Feb 07— Last Day for Course Changes
 - Feb 12— Early Dismissal @2pm
 - Feb 13 & 14— Teachers' Convention
 - Feb 17— Family Day
 - Feb 18— PLC Day (No School)
 - Feb 27— Parent Advisory Meeting @7pm
 - Feb 28— Marks Update
-
- Mar 04— Grade 9 Orientation Night @6:30 pm
 - Mar 5 - 7— Graduation Pictures
 - Mar 10— PLC Day (No School)
 - Mar 11 - 14— Student Progress Meetings (Phone Appts)
 - Mar 20— Parent Advisory Meeting @7pm
 - Mar 21— Marks Update
 - Mar 24 - 28— Spring Break
-
- Apr 03— Graduation Picture Retakes
 - Apr 17— PLC Day (No School)
 - Apr 18— Good Friday (No School)
 - Apr 21— Easter Monday (No School)
 - Apr 24— Parent Advisory Meeting @7pm
 - Apr 25— Marks Update
-
- May 14— Sports Photos
 - May 15— PLC Day (No School)
 - May 16— No School
 - May 19— Victoria Day—No School
 - May 29 — Parent Advisory Meeting @7pm
 - May 30— Marks Update
-
- Jun 27 — Graduation
 - Jun 15—Final Core Exams Begin
 - Jun 26—PD Day
 - Jun 27—Graduation

FINAL Exams

Diploma Exams and Final Exams for non-diploma courses will take place in **January**. Please refer to the **exam schedule on the back page** of this newsletter which can also be found on our Website.

Following the **LAST DAY OF CLASS on JAN. 17**, students need only come to school when they have an exam to write.

Ask your teacher if you are unclear about when you write.




alberta.exambank.com
Online Practice Exams – Kindergarten to Grade 12

Students can log in to **www.exambank.com**

1. Choose Alberta K-12
2. Pick your subject and login
3. Name: **regional**
Password: **success**

CHRISTMAS BREAK: December 21 - January 5

First Day of Classes: **Monday, January 6, 2024**



Santa's Elves

Santa's Elves are once again collecting gifts for families in need. Gifts can be dropped off in the box near the front office anytime during school hours.

We are most in need of baby gifts for 0-2 years old and gifts for teens 9-17 years old.



Attendance

Safe Arrival App or call

1-844-502-5088

It is the **responsibility of the parent or guardian** to contact the office to report any absences for a student.

School Messenger



Are you using it?

Thank you to all parents/guardians for your patience as we roll out our automated attendance system. We know there have been some kinks which we are actively working on. We have noticed a number of our families still not using the app to it's full potential. It is meant to make life easier - not harder.

1. **Download** the correct app: **SchoolMessenger**
2. **Make an account** using the email address you have on file at the school. Your students will automatically link.
3. **SET YOUR PREFERENCES:**
Bottom right 'My Profile' > Preferences > 'St Paul Education' from the dropdown menu.
 - From here you can see which contact methods are available, and **choose how you will be notified**. For example, you can set a work number as 'Do Not Call', while your cell phone can be set to call or text for various types of communications.

Now you're set!

1. **Report absences in advance** by clicking 'attendance' in the bottom center of the main screen.
2. **Forgot to report?** If you get a text/phone call/email, follow the prompts to report whether you are aware of the absence.
3. **Encourage your students not to be late.**
Notifications go out automatically after 15 minutes of class.

This app also **allows us to send text/email notifications about upcoming important dates, emergencies, and other communications.** Please **DO NOT block the number** or you risk missing important information!

DECEMBER 2024

MON	TUES	WED	THURS	FRI
2 Mac & Cheese w/ Hotdogs	3 Soft Tacos (2) w/ Tator Tots	4 Belgian Waffles w/Strawberries & Cream	5 Bacon Cheeseburger w/ Fries	6 Chicken Caesar Salad w/ Garlic Stick
9 Grilled Ham & Cheese w/ Curly Fries	10 Taco in a Bag	11 Chicken Bacon Cheeseburger w/ Fries	12 Penne Alfredo w/ Caesar Sald	13 Ginger Beef, Rice, & Steamed Veg.
16 Chicken Nuggets w/ Wedges	17 Nacho Supreme	18 Pizza Sub w/ Wedges	19 Spaghetti w/ Meat Sauce	20 Christmas Dinner
23	24	25	26	27
CHRISTMAS BREAK DEC. 21 - JAN. 5				
30	31			
CHRISTMAS BREAK DEC. 21 - JAN. 5				



CHRISTMAS LUNCH

DEC. 20, 2024

Join your fellow Regional students and staff for Christmas lunch (no cost) .

Open to CURRENT students and staff.

SPORTS HIGHLIGHTS

BASKETBALL

SR. Teams:

Dec 6 & 7: Saints home basketball Tournament

Dec 13 & 14: Olds Basketball Tournament

Jan 10 & 11: Lloyd Basketball Tournament

Jan 31 & Feb 1: Ardrossan Basketball Tournament

February 21 & 22: Stettler Basketball Tournament (TBD)

Mar 14 & 15: Basketball zones in Lloydminster

JV. Teams:

SPAA League Games: Wednesdays

Tournament: TBD.

Basketball Alumni Fundraiser: Dec 18/24 in the Regional Gym - Details TBA.



#GOSAINTSGO

SAINTS Curling

January 29 & 30 - SPAA Curling Finals in St. Paul

February 20 & 21 - Zones Curling at St. Paul

February 27 - March 1 - Curling
Provincials - Location - TBD



Check out our SCHOOL STORE for amazing Saints Swag and UnderArmour gear. Makes GREAT Christmas gifts!

Gift Certificates are also available.

Open daily over the lunch break—
located across from the cafeteria.





SPRING SKI TRIP in Jasper March 6-8 '25

Lift only - \$350 Lift & Rental - \$425

Forms will be available in the office on January 7th, 2025.
Space is limited and will be filled on a first-come first-served basis. This is a great trip with 2 full days of skiing at Marmot Basin....a great Christmas gift!



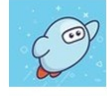
GETTING TIRED OF STREAMING...

WE CAN HELP!

Come to the library to view available books, or request them using the Regional Library Learning Commons web page

OR

Borrow audio and eBooks from SORA - link available on the school website under the students tab.
<https://www.sprhs.ca/>



<https://sperd.insigniaails.com/Library/Home>

Username: regional Password: (not required)

or find us on the school webpage, under the students tab.

After searching and finding a book you'd like to read, simply click the "request hold" button, then enter your name and email. I'll get the book ready for pick up.

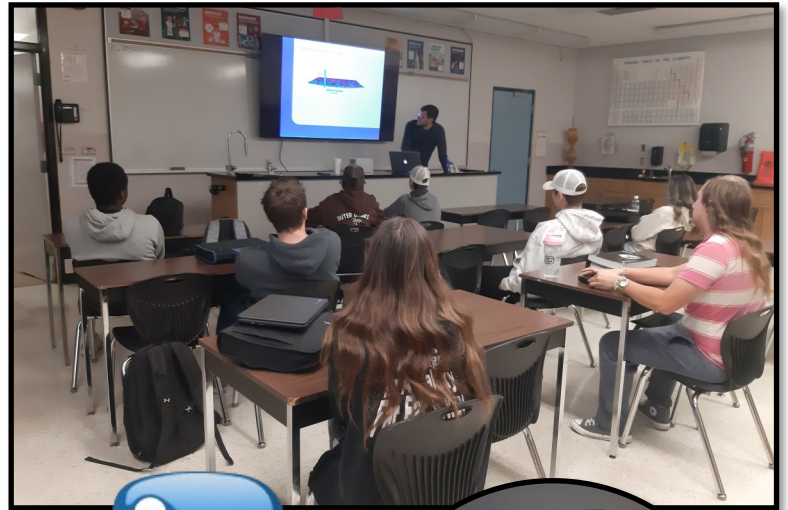
Call the Library at 780-645-4491 and talk to Mrs. Della if you have questions.

SCIENCE CLUB

The Science Club organised a couple of events for the students of the school the past month.

On Nov 2-3, students attended a Python Programming course for students at Portage College organised by the St Paul and District STEAM Society (SPDSS). The 2-day course gave students the opportunity to learn the basics of Python programming and they also worked on some projects to help give them the confidence to further pursue programming as a skillset to add to their portfolio.

In addition, on Nov 20, the Science Club arranged for speaker, Chris Cameron from SPDSS to come to Regional to give a talk about the job prospects of pursuing the field Computer Science at a post-secondary level. The students got to hear about the wide range of job opportunities that the field of study can lead to. The session also engaged students in the school that are not currently in the Science Club.



YEARBOOK

This year's 2024-2025 yearbook can be **ORDERED ONLINE THROUGH LIFETOUCH**. Simply scan the code to the right. There is also a link on our school website under the 'students' tab.

**BUY A
BOOK**

\$50.00 each

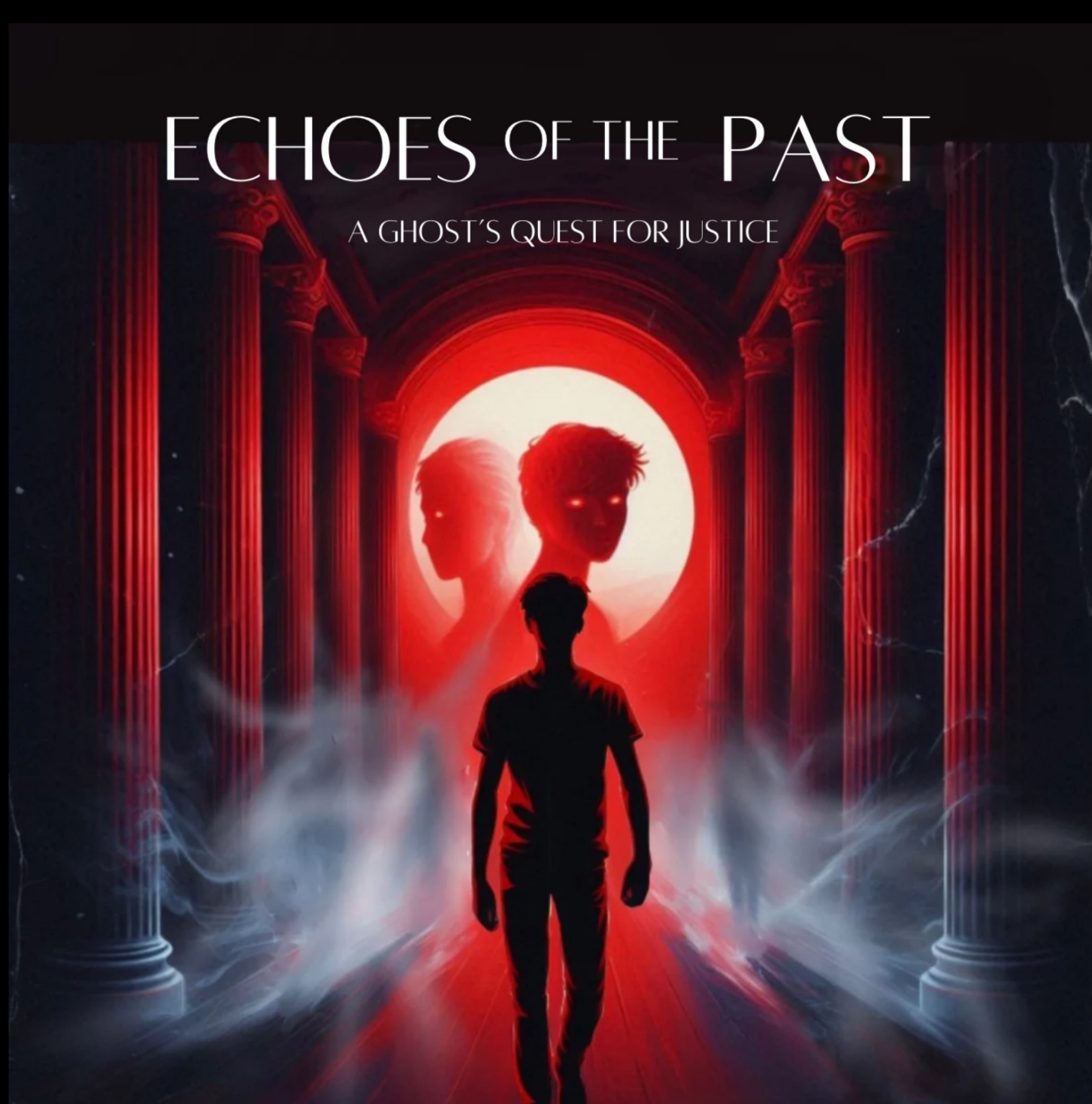


SCAN CODE

ID# 14790925

ECHOES OF THE PAST

A GHOST'S QUEST FOR JUSTICE

A person in silhouette walks down a long, red-lit hallway. The hallway is flanked by tall, classical columns. In the distance, a large, glowing red circle contains two ghostly figures of a person's head. The overall atmosphere is mysterious and dramatic.

TICKETS AVAILABLE FOR PURCHASE - 5\$ EA - CONTACT
YOUNLYND@SPERD.CA FOR DETAILS
DECEMBER 12 - 6PM-7PM - ST PAUL REGIONAL HIGH SCHOOL
IN THE FINE ARTS THEATRE

THIS IS AN ORIGINAL SCRIPT - THE PLAY HAS THEMES OF VIOLENCE, BULLYING, AND
VERBAL ABUSE. VIEWERS DISCRETION IS ADVISED

M, E, N, T, A, L,

H, E, A, L, T, H,

M, A, T, T, E, R, S,

Cheryl Quinton
 Family School Liaison Worker
 quincher@sperd.ca
 780 645-4491



Digital Detox December

Disconnect from your devices to reconnect with yourself, friends, and family.

- Turn off notifications
- Put your device on "Do Not Disturb"
- Limit your time on social media

"Wherever you are, be all there" - Jim Elliot

Want to reduce your Exam Anxiety? Exam Taking Preparation

Make sure you practice on sample tests, and ask for suggestions:

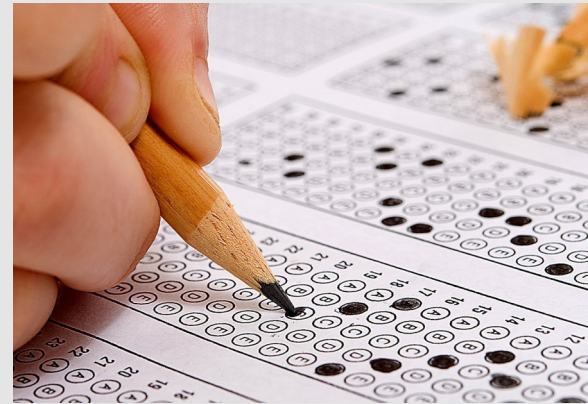
- What to expect on the exam
- What course materials to emphasize
- How to prioritize

DO:

- Plan to rest well the night before
- Plan to arrive early for the exam
- Plan to monitor your time during exam

AVOID:

- Drinking coffee the night before and during the exam
- Anxious or talkative students
- Other people who may disturb your self-confidence, focus and relaxation



CONTROL:

- Wear layers of clothing so you can adjust your need for warmth to cool
- Drink water, chew gum or bring a snack
- Bring pens, pencils, calculators etc.

PLAN:

Check out the room before if possible.

- Where is it located?
- How long does it take to get there?
- Where do you want to sit?
- Is there a clock?
- What is the room temperature?



SchoolCashOnline

SCHOOL CASH

School fees will be accepted using School Cash Online in an effort to minimize traffic in our schools and increase efficiency.

School Cash Online helps parents and community members pay school-related fees safely, quickly and easily.

The new system puts all of the school fees available to your student online for purchase. You can then choose to pay

these fees online through different methods, including credit cards, credit/debit cards and eCheck. You can also stay informed and keep track of which school fees require your attention.

You are able to register – a simple task that takes less than five minutes – by visiting :

<https://sperd.schoolcashonline.com>

(If you do not receive an email verification please check your spam folder.)

Please note: You do not need your child's student number. For security purposes St. Paul Education is not using unique student identification numbers. Please ensure "I do not have the student number" is selected when registering.

Also, upon registration you will be asked if you would like to receive notifications via email. **We strongly encourage you to say yes to this request in order to receive future notification of items available to purchase online.**

1 Create an account

2 Add students

3 Make a payment or complete a form

How to create an account

- Go to <https://sperd.schoolcashonline.com> and click **Register**. You can set a default language at the bottom of the SchoolCash Online site.
 - Type your first name, last name, and email address, and create a password.
 - Select a security question.
 - Select YES to receive email notifications. You will **not** receive any marketing emails. Selecting YES enables the system to send you notifications about school fees and items.
- SchoolCash Online will send you a registration confirmation email. If you do not receive it, check your Spam folder.
- Use your email address and password to log in.

1 Create an account

2 Add students

3 Make a payment or complete a form

How to add a student to your account

- Sign in to SchoolCash Online through <https://sperd.schoolcashonline.com>.
- From the menu at the top of the page, navigate to MY ACCOUNT.
- From the dropdown menu, select My Students.
- Click to add a student.
 - Type in your School Board Name.
 - Select your school name from the list.
 - Enter student details. The system is fully secure, with [PCI certification](#).
 - Click Confirm.

1 Create an account

2 Add students

3 Make a payment or complete a form

How to make a payment or complete a form

- You will be able to view any available items or forms attached to your students that are set up on your account.
- Select the item which you would like to purchase/complete and click "Add to Cart."
- Once you have finished adding items to your cart, click "Continue".

You can pay or submit a form for multiple students' items in one checkout.



PRESENTS

CLASH OF THE SAINTS

ALUMNI GAME & ST. PAUL FOOD BANK FUNDRAISER



Wednesday December 18th

5:30 - 9:30 PM



SR. GIRLS vs. GIRLS ALUMNI
SR. BOYS vs. BOYS ALUMNI

SPRHS

CAREER CORNER

Mrs. Morrison Ph: 780-614-7458 morange@sperd.ca | Mrs. Kotowich-Dubrulle Ph: 780-645-4491 kotosusa@sperd.ca

IMPORTANT DATES

Dec 1: USask deadline to apply for admission to be eligible for the Best & Brightest Scholarship

Dec 4: UAlberta Scholarships 101 webinar at 5-6pm

Dec 4: The King's University Admission Online Info Session at 4pm

Dec 11: Olds College Future Students Info session (virtual) at 6pm

Jan 31: Deadline to apply for the UAlberta Getaway experience for Grade 11 students



SCHOLARSHIPS

- Dec 1: Deadline for the UCalgary Prestige Awards
- Dec 1: Deadline for the Terry Fox Humanitarian Award
- Dec 15: Deadline to apply for the USASK Best & Brightest Scholarship
- Jan 10: UAlberta entrance scholarships deadline (webinar Dec 4 @ 5-6pm)
- Feb 28: Deadline for the Don Mazankowski Scholarship

More scholarship information can be found on our school website at www.sprhs.ca/students/scholarships



DIPLOMA PREP

Rock the Diploma is offering both in person (in Edmonton) diploma prep courses and online diploma prep help for grade 12 students. Please visit their website at rtdlearning.com to get more information.

STUDY HELP

Have you checked out alberta.exambank.com? They have practice questions that can help you with your core classes like English, Social, Math and Science. You can log in using "regional" and password "success"

DUAL CREDIT OPPORTUNITIES

Did you know we have partnerships with different post-secondary schools to offer dual credit courses? Students in our division are able to take a post-secondary course and earn both high school and post-secondary credits. It's a great way to get a head start on your post-secondary and ease your way into the first year of university. It's also a

great way to try a FREE (no tuition) course and see if you are interested in the subject before committing to a full program. In February, we will be offering two courses: CSCR 101 (coding/robotics) and PSYC 104 (Intro to Psychology). If you are interested, please talk to your Career Counsellor to discuss your 2nd semester timetable.

BOARD MEETING

HIGHLIGHTS



Remembrance Day

Schools across the Division held ceremonies to honor the sacrifices made for our freedom. We extend our gratitude to the special guests who joined us, making these moments of remembrance truly meaningful.

Kutryk Presentation

Two community members from Two Hills approached the Board of Trustees seeking support for a tribute recognizing the accomplishments of Canadian astronaut and Two Hills School alumnus, Joshua Kutryk. Trustee Rajoo will represent the Division on the tribute planning committee.

Council of School Councils Meeting

The Board is hosting a Council of School Councils Engagement Meeting on November 25, 2024 at 7 p.m. at the St. Paul Education Division Office.

Criminal Record Check Bylaw

New provincial rules for local elections are resulting in boards and municipalities needing to decide whether to implement a bylaw requiring a criminal record check for individuals submitting nomination papers before running in an election. Such a bylaw would need to be passed before December 31, 2024. The new rules state that a conviction does not necessarily disqualify a candidate. Given the tight timeline, St. Paul Education trustees chose to defer the Board's response until after the next election and consider addressing a criminal record check requirement in policy for any elected trustees.

Election Update

Nomination packages for individuals who might be interested in running in the October 2025 school board election will be available in January 2025. The Board is not planning any changes to its ward structure.

New Curriculum Update

Alberta's government is working with education partners this fall to develop the junior high and career education curriculum. Drafts for Grades 7-9 mathematics and social studies, Grades 7-10 physical education and wellness, and Career and Life Management (CALM) will be created this school year, with input from teachers, system leaders, and subject experts. A public release of the refined curriculum is anticipated in spring 2025, and schools will have the option to pilot it in the 2025-26 school year.



Education Act Changes

Bill 27: Education Amendment Act, 2024, was introduced by the provincial government to improve transparency and support student choice regarding topics of gender identity, sexual orientation, and human sexuality. The bill also establishes a right to education during emergencies, emphasizing access to in-person learning, with new requirements for emergency learning plans. If passed, these changes are expected to take effect for school authorities on September 1, 2025.

December Board Meeting Date

The next Board meeting is scheduled for December 11, 2024, at 12:30 p.m. at the Division Office. A livestream will be available on the Division's [YouTube](#) channel.



Literacy Update

A literacy consultant has been hired to provide direct support to teachers and staff, enhancing their ability to build early literacy and reading skills. The Acadience tool has been instrumental in identifying areas where students need support, allowing for the development of targeted interventions. To further support a systemic approach to literacy, a speech-language pathologist has also been hired to aid language development.

Enrolment Update

Enrolment is down 70 students compared to last year but is 32 higher than projected, which will positively impact funding.

**For more information,
contact:**

Dr. Peter Barron
Superintendent of Schools
barrpete@sperd.ca



St. Paul Education

Learning Together, Growing Together

4313-48 Ave. St. Paul, AB T0A 3A3
P: 780-645-3323
E: st_paul@sperd.ca
www.stpauleducation.ab.ca

ST PAUL REGIONAL HIGH SCHOOL
January 2025 Exam Schedule

Tuesday, January 14	9:00am—12:00pm	English 30-1 Part A English 30-2 Part A	Room 29,33,39
Wednesday, January 15	9:00am—12:00pm	Social St 30-1 Part A Social St 30-2 Part A	Room 29,33,39
Friday, January 17	9:00am—12:00pm	Math 30-1 Math 30-2	Room 29,33,39
Monday, January 20	9:00am—12:00pm	English 30-1 Part B English 30-2 Part B English 10-1 English 20-1	Room 29,33,39 Gym
	1:00—3:30pm	English 10-2 English 20-2	Gym
Tuesday, January 21	9:00am—12:00pm	Social St. 30-1 Part B Social St. 30-2 Part B Social 10-2 Math 20-1	Room 29,33,39 Gym
	1:00—3:30pm	Social 20-1 Social 20-2	Gym
Wednesday, January 22	9:00am—12:00pm	Biology 30 Biology 20 Math 10C	Gym Room 29,33,39
	1:00—3:30pm	Math 10-3 Math 20-3	Gym
Thursday, January 23	9:00am—12:00pm	Chem 30 Chem 20	Gym
	1:00—3:30pm	Science 24 Social 10-1	Gym
Friday, January 24	9:00am—12:00pm	Physics 30 Science 10	Gym
	1:00—3:30pm	Science 14	Gym
	12:00—3:30pm	Physics 20	Room 29,33,39
Monday, January 27	9:00am—12:00pm	Science 30 Science 20	Rm 29,33,39