

Mrs. Morrison

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## IMPORTANT DATES



\*\*Student Loan applications will be released in June (no exact date released

yet) Keep checking the studentaid.alberta.ca website.

June 1: Deadline for many local scholarships, Saddle Lake Post-Secondary Funding application and Imperial Oil Billion Barrel Scholarship.

June 15: Deadline for Freehorse Family Wellness Society Post-Secondary Funding.

June 30: Deadline to apply to Concordia University of Edmonton for Fall 2024.

August 15: Deadline for the CNRL Building Futures Scholarship.

August 16: ATCO Indigenous Education Awards Program deadline.

August 1: Alexander Rutherford Scholarship applications are open.

August 31: Deadline for the Cornerstone Co-op Spirit of Youth Scholarship and for the MCSnet Scholarships.

August 31: Deadline for the Greater St. Paul ATA Local #25 Scholarship and the RMA Post-Secondary Scholarship.

## CAREER EXPLORATION

Over the summer, we encourage students to enjoy their summer break and take the time to also do some self-reflection. Students will still have access to their myBlueprint accounts if they want to do some planning prior to the start of the new school year. If you are having issues logging into your account, please contact your Career Counsellor for help.





- 1. Find a study spot. Pick an area at home to study in that is away from distractions.
- 2. Break up your study time. Try studying for 25 minutes and then take a short 5-8 minute break.

  Repeat throughout your study time.
- 3. Exercise! Exercising is a good way to relieve stress and improve memory .
- 4. Limit Distractions. Turn off the volume on your phone and just study! No TV or social media.
- 5. Stay Healthy. Eat a well balanced diet. Get lots of sleep.

## **RUTHERFORD SCHOLARSHIP**

Grade 12's - did you get Honour Roll any year of high school? If yes, then you qualify for the Alexander Rutherford Scholarship. This year's applications will only be available August 1st.

Students will be able to access the application through Student Aid Alberta at https://studentaid.alberta.ca/

Students will log in with their same login information as with Apply Alberta. \* Please have your Social Insurance Number on hand for this. If you have any problems applying, please contact Mrs. Morrison at 780-614-7458 or morrange@sperd.ca